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February Heart Healthy Mont

April Meeting Building a Level 5 Tribe



Make your reservations today!

Building a Level 5 Tribe Jeff Stucke Happy Matters

Featured Advertiser Evansville Music Academy



A Note from the President...

Looking at outside, it is clear that Spring has fine arrived. Gone are the days of leafless trees, broand dull landscapes, and cold blustery winds. Instead, the sun is shining; the sky seems bluer;

Wednesday, April 27

11:30 am: Networking begins 12:00-1:00 pm: Lunch & Program

at the **Evansville Country Club**

Reservation deadline: 2:00 pm, Friday, April 22 RSVP at evansvilleanew.org

A door prize will be awarded to an ANEW member who brings a guest. The item was donated by Banterra Bank.

Guest fee: \$22.00

Menu: Asparagus and mascarpone ravioli with fresh fruit cup and a dollop of whipped cream.

Vegetarian: Tossed salad with cherry

heirloom tomatoes

Gluten free: Tossed salad with sliced

chicken breast

(Ranch or citrus dressing on the side)



birds are chirping; flowers are blooming; and everything is turn green before our eyes.

The spring equinox is day of the year when light and dibalance. Spring also centers on newness and often is filled with symbols of renewal, regeneration

rebirth. Think new green plants, newly born anir (yes, bunnies and chicks), eggs, and flowers. The season also allows us to begin to think about whe can do to renew ourselves, to re-prioritize an regroup.

With all the activities that start this time year, taking time to even think about how we car renew ourselves can be difficult. However, I wou invite you to take an hour and attend this month' program, "Building a Level 5 Tribe." Jeff Stucke President and CEO of Happy Matters will share research-based insights into the habits that can produce happiness. You won't want to miss this

As always, please feel free to email m directly at knw@wormanlegal.com with any questions, concerns or thoughts that you have a a new. I hope to see you at our meeting on Apri and also hope that you can take time to take advantage of this season of renewal!

Katie Worman knw@wormanlegal.com

2016 Board of Directors

Officers:

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1st VP, Membership - Lauren Jones
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Treasurer - Rita Bauer
Asst Treasurer - Michele Graham*
Secretary - Sherri Alley

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Kristie Byrns *
Melanie Fairchild*
Barb McCarty
Angie Hargett

2016 Meeting Dates

May 25
June 22
July 27
*August 17
September 28
**October 26
*November 16
*December 14

Most meetings are on the 4th Wednesday of the month beginning at 11:30 am. This schedule var accommodate holidays and other events.

MaNissa Lemon Chelsea Rexing (Technology Chair) Angie Cooley (Orientation Chair) Joyce Molinet (Special Events Chair) Jill Rawley (Historian Chair)

*Denotes new to Board 2016

Mark your calendars today for:

ANEW's May 25 Luncheon Overcoming Obstacles Susan Hardwick

Save The Date

ANEW's Founder's Day Brunch

Thursday, May 11 at 11 am
Walton's International
Comfort Foods
Be watching your emails!

- * Indicates a meeting that is not on the 4th Wednesday of the month.
- ** Our Annual Meeting/Pampering Session in October is a late afternoon dinner meeting.

Monthly Advertiser

Payne Wealth Partners



Tech Tips

- Visit ANEW on Facebook and Twitter! Remember to "Like" us while you're there.
- Please register for every meeting on our website: <u>evansvilleanew.org</u>. Once you ma reservation you are still able to make changes up to the deadline time and date. includes your menu item, adding a guest or cancelling your reservation all together Once you log into the site, click on your sign-in name in the upper right hand corne Then click on "My Reservations" and "Edit" to make your changes.
- Once we have passed a deadline, you must email <u>Lori Otzmann</u> to cancel or chan any reservations.

2016 Sponsors

January Schultheis Insurance The Women's Hospital **February**Banterra Bank
Evansville Music Academy

March
Tracy Zeller Jewelry
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April May June

Evansville Music Academy AlphaGraphics Payne Wealth Partners Within Sight, LLC The Women's Hospital Real Purity-Karen Easterli

July

Deja Vu Skin & Vein Center LaQuinta Inn

August Edward Jones-Janet Schultheis

Kerri Zeien Photography

September German American Bank Kemper First Choice

October

Tracy Zeller Jewelry

November Oak Meadow Country Club

Banterra Bank

December Kemper CPA

Harding Shymanski

Founder's Day Breakfast Membership Appreciation

Event

Membership Recruitmer

Event

A Network of Evansville Women

PO Box 3192 Evansville, IN 47731

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Click here to RSVP for the March meeting

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