



August Membership Meeting

B³ Method

Amy Vetter

Wednesday, August 19, 2026*
Evansville Country Club
Networking begins at 11:30 am
Program begins at noon



****Meeting is the 3rd week of the month!***

Join ANEW for an inspiring and transformative luncheon featuring internationally recognized speaker, author, CPA, and wellness advocate Amy Vetter.

In today's fast-paced world, success is often measured by productivity alone, leaving many professionals feeling overwhelmed, disconnected, and burned out. In her keynote, "Business, Balance & Bliss: How the B³ Method® Can Transform Your Career and Life," Amy shares a

refreshing approach to sustainable success by demonstrating how personal well-being and professional achievement can thrive together.

Drawing from more than 25 years of executive leadership experience, combined with her expertise as a certified yoga teacher and creator of The B³ Method® (Business + Balance = Bliss), Amy will provide practical, evidence-based strategies to help attendees create greater work-life harmony, strengthen authentic connections, and lead with purpose.

Attendees will leave with:

- Actionable strategies they can immediately apply in both their personal and professional lives
- Tools to create greater balance and reduce stress and burnout
- Techniques for building authentic relationships and stronger teams
- Insights on how fulfillment and well-being can drive long-term success

Whether you are leading an organization, building your career, or simply seeking more balance in your daily life, this presentation will inspire you to pause, reflect, and reconnect with what matters most.

MENU:

Regular: Glazed Chicken Thigh, Roasted Potato, and Green Beans

Gluten: House Salad with Chicken

Veggie: House Salad (no meat)

Dessert: Sheet Cake Chef's Choice

Non-Profits joining us are Hoosier Cowboy Association and Southwestern Indiana Suicide Prevention Coalition

Guest Door prize donated by Missy Singer On-Style

Membership Door prize donated by The Only Facial

[Register now for the August Membership Meeting](#)

Remember: If you follow the link, you must be signed in to the website to register.

Board of Directors 2026

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2026 Membership Meeting Dates

Feb 25
March 18*
April 15*
May 27

June 24
July 22
August 19*

September 23
October 28
November 18*
December 9*

*Not held the normal 4th week of the month

Featured Advertiser

West Side Chiropractic - Dr. Jessica Ignacio



Monthly Advertiser

The Only Facial - Alyson Rider

No Upsells, No Tips
Just One
signature facial



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President's Letter



Where did summer go? It is hard to believe that we are sending our kids back to school as I write this. It's quickly becoming time to say good bye to sunshine and heat and hello to sweatshirts, firepits and everything pumpkin. As we move into August, we are looking forward to one of the highlights of our year our national speaker. This month, we are honored to welcome Amy Vetter. Amy will share insights, inspiration, and practical strategies to help us grow both personally and professionally. So invite

your friends and plan to attend Amy's talk on August 19th.

Be sure to nominate someone for the Woman of Action award. Nominations opened in July. We will award the Woman of Action at the Annual Dinner in October. [Click here](#) to nominate an individual!

Warmest Regards,
Michelle Smith

Michelle Smith
ANEW President

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Save-the-Dates!



A Network of Evansville Women

RECRUITMENT EVENT

August 12

12:00 p.m.

Eastside

Bar Louie
7700 Eagle Crest Blvd

www:// Register online at evansvilleanew.org

Register now to attend the August Recruitment Event!



Wanted: Annual Meeting Silent Auction Baskets

We are excited to invite you to contribute to our Silent Auction during the Annual Dinner Meeting on October 28! Your participation in donating a themed basket, valued at \$50, is a wonderful opportunity to showcase your creativity and support our mission of empowering women and fostering community collaboration. Whether you choose a kitchen-themed basket, a delightful chocolate assortment, a cozy coffee collection, or a fun game night package, your contribution will make a meaningful impact on our event and the community we serve. If you're interested in donating, please reach out to **Debra McNutt**, who will be more than happy to assist you throughout the process. Thank you for considering this opportunity to celebrate and uplift our community together!

Save-the-Date!

September 22 Membership Meeting

48 Hours in the Life

Join ANEW for a powerful and eye-opening panel discussion featuring community leaders who have participated in "48 Hours in the Life," an immersive awareness experience designed to provide a deeper understanding of the challenges faced by individuals experiencing homelessness.

Register now for our September Meeting

Advertisers for 2026

January

Featured Advertiser: Healthy Living Choices - Alohana Jackson

Monthly Advertiser: The Only Facial - Alyson Rider

Guest Door Prize:

Membership Attendance Prize: The Only Facial - Alyson Rider

February

Featured Advertiser: Missy Singer On Style

Monthly Advertiser:

Door Prize: Missy Singer On Style

Membership Attendance Prize: The Only Facial - Alyson Rider

March

Featured Advertiser:

Monthly Advertiser:

Door Prize:

Membership Attendance Prize: The Only Facial - Alyson Rider

April

Featured Advertiser: Fusion Spa - Stacey Kerley

Monthly Advertiser:

Door Prize: Fusion Spa - Stacey Kerley

Membership Attendance Prize: The Only Facial - Alyson Rider

May

Featured Advertiser: Becky Kasha

Monthly Advertiser:

Door Prize: Banterra Bank - MaNissa Coon

July

Featured Advertiser: Amelia Aesthetics - Sarah Mutter

Monthly Advertiser: Banterra Bank - MaNissa Coon

Door Prize: Healthy Living Choices - Alohana Jackson

Membership Attendance Prize: The Only Facial - Alyson Rider

August

Featured Advertiser: West Side

Chiropractic - Dr. Jessica Ignacio

Monthly Advertiser: The Only Facial - Alyson Rider

Door Prize: Missy Singer On-Style - Missy Singer

Membership Attendance Prize: The Only Facial - Alyson Rider

September

Featured Advertiser: Within Sight - Caron Leader

Monthly Advertiser: Slade Print - Emily Manzo

Door Prize: Kemper CPA

Membership Attendance Prize: The Only Facial - Alyson Rider

October

Underwriter: Charles & Charles - Lindsay Charles

Door Prize: Charles & Charles - Lindsay Charles

Membership Attendance Prize: The Only Facial - Alyson Rider

November

Membership Attendance Prize: The
Only Facial - Alyson Rider

June

Featured Advertiser: The Scout Guide
- Brandy Cooley

Monthly Advertiser: Slade Print - Emily
Manzo

Door Prize: Board Basket

Membership Attendance Prize: The

Only Facial - Alyson Rider

Featured Advertiser: Bison Financial -
Tammy Schuler

Monthly Advertiser: Fusion Spa -

Stacey Kerley

Door Prize: Affinity Insurance - Rhoda
Mattingly

Membership Attendance Prize: The
Only Facial - Alyson Rider

December

Underwriter: Kemper CPA - Michelle
Smith

Door Prize: Kemper CPA - Michelle
Smith

Membership Attendance Prize: The
Only Facial - Alyson Rider

Maximize your Membership!

- When corresponding with ANEW, please use info@evansvilleanew.org for your email.
- The deadline for registering for all monthly meetings is the Friday before the meeting at 2 pm. This allows time to calculate attendance and notify ECC with reservation numbers.
- Please join in on after-hours networking on the [ANEW Facebook](#) page.

A Network of Evansville Women | PO Box 3192 | Evansville, IN 47731 US

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