



Happy New Year!



## January Membership Meeting

**New Year. Smarter Choices.  
Healthier You.**

**Dr. Rick Liggett**  
Wednesday, Jan 28, 2026  
Evansville Country Club

Kick off the new year with clarity and confidence at ANEW's January luncheon featuring Dr. Rick Liggett, DC, owner of Believe Chiro + Nutrition.

Ever feel overwhelmed in the grocery store or confused by food labels and health claims? You're not alone. Dr. Liggett will break it all down with practical, real-life guidance on:

- Where to shop
- How to navigate the grocery store
- Reading and understanding food labels
- Organic vs. non-organic choices
- Avoiding misleading marketing claims

This session is all about simple, sustainable wellness habits you can use immediately to support your health in the year ahead.

### MENU:

Regular: Chicken Bacon Wrap with chips

Gluten: House Salad with Chicken

Veggie: House Salad (no meat)

Dessert: Lemon Bar

Welcome to our Non-Profits attending: Sanctuary on the Hill, Lampion Center and Evansville Life Christian Center

Door Prize (for bringing a guest) donated by: The Only Facial  
Member Door Prize donated by: The Only Facial

Register now for the January Membership Meeting

*Remember: If you follow the link, you must be signed in to the website to register.*

---

**\*\*Renewing your Membership for 2026!\*\***

Statement for 2026 Dues has been sent out and reminders were sent! To renew your 2026 ANEW Membership with ANEW, please print the Statement for Dues and submit your updated information along with your payment of \$425 to ANEW. You will need to send your personal check or business check to the PO Box listed on the form. (If it is a business check, please make sure that your name is noted on the stub or memo line of the check.)

**2026 Statement for Dues**

If you would like to pay your dues by using our convenient on-line payment system, please click the link below. Be sure to include your name with your submission of payment. Please select the gift assist button for this convenience.

Pay your 2026 Dues here!

---

**Board of Directors 2026**

President - Michelle Smith  
1st VP Membership - Tammy Schuler  
2nd VP Programs - Lauren Jones  
Treasurer - Jennifer Kissell  
Asst Treasurer - Erin Moore  
Secretary - Katelynne Edge  
Orientation Chair - Jessica Engel  
Marketing Chair - Holly Smith  
Special Events Chair - Missy Singer  
Historian - Michelle Oglesby  
Director - MaNissa Coon  
Director - Angie Hargett  
Director - Debra McNutt  
Director - Ashlynn Johnson  
Director - Aimee Stachura

---

**2026 Membership Meeting Dates**

Jan 28	May 27	September 23
Feb 25	June 24	October 28
March 18*	July 22	November 18*
April 15*	August 19*	December 9*

- Not held the normal 4th week of the month

---

## President's Letter



Dear Members,

Kicking off 2026!

Happy New Year! I am so honored to serve as your President for 2026. First things first – Thank you so much to Aimee Stachura for her service and leadership as Board President in 2025.

There's something quietly powerful about the first days of a new year. Not because everything magically resets, but because *we* do. The promise of a new year isn't about perfection. It's about possibility. A new year invites us to pause, breathe, and look ahead with a little more hope and a little more courage than we had before. A new year gives us permission to imagine boldly, to reconnect to what matters and to step forward with renewed purpose. I invite each of you to do just that. Let's make 2026 the best year yet!

Here's to bold beginnings and unstoppable women.

Best Regards,

Michelle Smith

Michelle Smith  
ANEW President 2026

---

## January Advertisers

---

### Featured Advertiser

Healthy Living Choices - Alohana Jackson



Try Personalized  
Nutrition

## Healthy Living Choices

📍 Alohana Jackson

☎ 812-568-6398

@ alohana@blisllc.com

[www.healthylivingchoices.net](http://www.healthylivingchoices.net)

### Monthly Advertiser The Only Facial - Alyson Rider

No Upsells, No Tips  
Just One  
*signature facial*



**the only facial**  
beautiful skin made simple

6225 E. Virginia St. • Suite B  
Evansville, IN 47715  
812-370-0520 • [theonlyfacial.com](http://theonlyfacial.com)

Board of Directors

Membership

Committees

About ANEW

Mentoring

### Advertisers for 2026

January

July

Featured Advertiser:



Featured Advertiser: Healthy Living  
Choices - Alohana Jackson  
Monthly Advertiser: The Only Facial -  
Alyson Rider  
Guest Door Prize:  
Member Door Prize: The Only Facial -  
Alyson Rider

## **February**

Featured Advertiser:  
Monthly Advertiser:  
Door Prize:  
Member Door Prize: The Only Facial -  
Alyson Rider

## **March**

Featured Advertiser:  
Monthly Advertiser:  
Door Prize:  
Member Door Prize: The Only Facial -  
Alyson Rider

## **April**

Featured Advertiser: Fusion Spa -  
Stacey Kerley  
Monthly Advertiser:  
Door Prize:  
Member Door Prize: The Only Facial -  
Alyson Rider

## **May**

Featured Advertiser:  
Monthly Advertiser:  
Door Prize:  
Member Door Prize: The Only Facial -  
Alyson Rider

## **June**

Featured Advertiser: EVSC Foundation  
Monthly Advertiser:  
Door Prize:  
Member Door Prize: The Only Facial -  
Alyson Rider

Monthly Advertiser:  
Door Prize:  
Member Door Prize: The Only Facial -  
Alyson Rider

## **August**

Featured Advertiser:  
Monthly Advertiser:  
Door Prize:  
Member Door Prize: The Only Facial -  
Alyson Rider

## **September**

Featured Advertiser:  
Monthly Advertiser:  
Door Prize:  
Member Door Prize: The Only Facial -  
Alyson Rider

## **October**

Underwriter: Charles & Charles -  
Lindsay Charles  
Door Prize: Charles & Charles -  
Lindsay Charles  
Member Door Prize: The Only Facial -  
Alyson Rider

## **November**

Featured Advertiser:  
Monthly Advertiser:  
Door Prize:  
Member Door Prize: The Only Facial -  
Alyson Rider

## **December**

Underwriter: Kemper CPA - Michelle  
Smith  
Door Prize: Kemper CPA - Michelle  
Smith  
Member Door Prize: The Only Facial -  
Alyson Rider

---

## **Member Highlight**

Dr. Michelle Oglesby  
Optometrist  
Evansville Eye Care



## Discovering My Path in Healthcare

From an early age, I was drawn to the sciences and found genuine enjoyment in working with people. This combination made it clear to me that my future would be in healthcare. My father's career as an optometrist exposed me to the field throughout my life, shaping my understanding and appreciation for eye care. However, rather than simply following the familiar route, this exposure

inspired me to investigate a variety of health-related professions. I explored medicine, pharmacy, and even considered meteorology before realizing that optometry was the perfect fit for my interests and aspirations.

## Finding Fulfillment in Optometry

The most rewarding aspect of my job is witnessing the joy on my patients' faces when I am able to help them improve their vision or resolve issues they have been experiencing with their eyes. These moments of making a positive difference in someone's life are what make my career truly meaningful.

## Early Aspirations and Changing Dreams

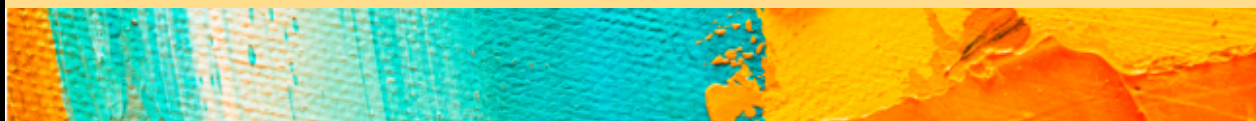
As a child, I aspired to become a marine biologist. A Jacques Cousteau television special had a significant impact on me, fueling my fascination with marine life for quite some time. However, I soon realized that my tendency to get seasick would prevent me from pursuing this dream, leading me to consider other career options.

## Finding Community and Connection Through ANEW

My involvement with ANEW has been an incredible opportunity to connect with many talented professional women and learn how they support our community. Over the past seventeen years, I have built lasting friendships and created wonderful memories through this organization, enriching both my personal and professional life.

### Maximize your Membership!

- When corresponding with ANEW, please use [info@evansvilleanew.org](mailto:info@evansvilleanew.org) for your email.
- The deadline for registering for all meetings is the Friday before the meeting at 2 pm. This allows time to calculate attendance and notify ECC with reservation numbers.
- Please join in on after-hours networking on the [ANEW Facebook](#) page.





A Network of Evansville Women | PO Box 3192 | Evansville, IN 47731 US

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!