



Happy New Year!



## January Membership Meeting

New Year. Smarter Choices.  
Healthier You.

**Dr. Rick Liggett**  
Wednesday, Jan 28, 2026  
Evansville Country Club

Kick off the new year with clarity and confidence at ANEW's January luncheon featuring Dr. Rick Liggett, DC, owner of Believe Chiro + Nutrition.

Ever feel overwhelmed in the grocery store or confused by food labels and health claims? You're not alone. Dr. Liggett will break it all down with practical, real-life guidance on:

- Where to shop
- How to navigate the grocery store
- Reading and understanding food labels
- Organic vs. non-organic choices
- Avoiding misleading marketing claims

This session is all about simple, sustainable wellness habits you can use immediately to support your health in the year ahead.

### MENU:

Regular: Chicken Bacon Wrap with chips

Gluten: House Salad with Chicken

Veggie: House Salad (no meat)

Dessert: Lemon Bar

Welcome to our Non-Profits attending: Sanctuary on the Hill, Lampion Center and Evansville Life Christian Center

Door Prize (for bringing a guest) donated by: The Only Facial  
Member Door Prize donated by: The Only Facial

Register now for the January Membership Meeting

*Remember: If you follow the link, you must be signed in to the website to register.*

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**\*\*Renewing your Membership for 2026!\*\***

Statement for 2026 Dues has been sent out and reminders were sent! To renew your 2026 ANEW Membership with ANEW, please print the Statement for Dues and submit your updated information along with your payment of \$425 to ANEW. You will need to send your personal check or business check to the PO Box listed on the form. (If it is a business check, please make sure that your name is noted on the stub or memo line of the check.)

**2026 Statement for Dues**

If you would like to pay your dues by using our convenient on-line payment system, please click the link below. Be sure to include your name with your submission of payment. Please select the gift assist button for this convenience.

**Pay your 2026 Dues here!**

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**Board of Directors 2026**

President - Michelle Smith

1st VP Membership - Tammy Schuler

2nd VP Programs - Lauren Jones

Treasurer - Jennifer Kissell

Asst Treasurer - Erin Moore

Secretary - Katelynne Edge

Orientation Chair - Jessica Engel

Marketing Chair - Holly Smith

Special Events Chair - Missy Singer

Historian - Michelle Oglesby

Director - MaNissa Coon

Director - Angie Hargett

Director - Debra McNutt

Director - Ashlynn Johnson

Director - Aimee Stachura

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**2026 Membership Meeting Dates**

Jan 28

May 27

September 23

Feb 25

June 24

October 28

March 18\*

July 22

November 18\*

April 15\*

August 19\*

December 9\*

- Not held the normal 4th week of the month

## President's Letter



Dear Members,

### Kicking off 2026!

Happy New Year! I am so honored to serve as your President for 2026. First things first – Thank you so much to Aimee Stachura for her service and leadership as Board President in 2025.

There's something quietly powerful about the first days of a new year. Not because everything magically resets, but because we do. The promise of a new year isn't about perfection. It's about

possibility. A new year invites us to pause, breathe, and look ahead with a little more hope and a little more courage than we had before. A new year gives us permission to imagine boldly, to reconnect to what matters and to step forward with renewed purpose. I invite each of you to do just that. Let's make 2026 the best year yet!

Here's to bold beginnings and unstoppable women.

Best Regards,

Michelle Smith

Michelle Smith  
ANEW President 2026

## January Advertisers

### Featured Advertiser

Healthy Living Choices - Alohana Jackson



Try Personalized  
Nutrition

## Healthy Living Choices

✉ Alohana Jackson

☎ 812-568-6398

✉ alohana@blisllc.com

[www.healthylivingchoices.net](http://www.healthylivingchoices.net)

### Monthly Advertiser

The Only Facial - Alyson Rider

No Upsells, No Tips  
Just One  
*signature facial*

the only facial  
beautiful skin made simple

6225 E. Virginia St. • Suite B  
Evansville, IN 47715  
812-370-0520 • [theonlyfacial.com](http://theonlyfacial.com)

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### Advertisers for 2026

January

July  
Featured Advertiser:

Featured Advertiser: Healthy Living Choices - Alohana Jackson  
Monthly Advertiser: The Only Facial - Alyson Rider  
Guest Door Prize:  
Member Door Prize: The Only Facial - Alyson Rider

## February

Featured Advertiser:  
Monthly Advertiser:  
Door Prize:  
Member Door Prize: The Only Facial - Alyson Rider

## March

Featured Advertiser:  
Monthly Advertiser:  
Door Prize:  
Member Door Prize: The Only Facial - Alyson Rider

## April

Featured Advertiser: Fusion Spa - Stacey Kerley  
Monthly Advertiser:  
Door Prize:  
Member Door Prize: The Only Facial - Alyson Rider

## May

Featured Advertiser:  
Monthly Advertiser:  
Door Prize:  
Member Door Prize: The Only Facial - Alyson Rider

## June

Featured Advertiser: EVSC Foundation  
Monthly Advertiser:  
Door Prize:  
Member Door Prize: The Only Facial - Alyson Rider

Monthly Advertiser:  
Door Prize:  
Member Door Prize: The Only Facial - Alyson Rider

## August

Featured Advertiser:  
Monthly Advertiser:  
Door Prize:  
Member Door Prize: The Only Facial - Alyson Rider

## September

Featured Advertiser:  
Monthly Advertiser:  
Door Prize:  
Member Door Prize: The Only Facial - Alyson Rider

## October

Underwriter: Charles & Charles - Lindsay Charles  
Door Prize: Charles & Charles - Lindsay Charles  
Member Door Prize: The Only Facial - Alyson Rider

## November

Featured Advertiser:  
Monthly Advertiser:  
Door Prize:  
Member Door Prize: The Only Facial - Alyson Rider

## December

Underwriter: Kemper CPA - Michelle Smith  
Door Prize: Kemper CPA - Michelle Smith  
Member Door Prize: The Only Facial - Alyson Rider

# Member Highlight

Dr. Michelle Oglesby  
Optometrist  
Evansville Eye Care



## Discovering My Path in Healthcare

From an early age, I was drawn to the sciences and found genuine enjoyment in working with people. This combination made it clear to me that my future would be in healthcare. My father's career as an optometrist exposed me to the field throughout my life, shaping my understanding and appreciation for eye care. However, rather than simply following the familiar route, this exposure inspired me to investigate a variety of health-related professions. I explored medicine, pharmacy, and even considered meteorology before realizing that optometry was the perfect fit for my interests and aspirations.

## Finding Fulfillment in Optometry

The most rewarding aspect of my job is witnessing the joy on my patients' faces when I am able to help them improve their vision or resolve issues they have been experiencing with their eyes. These moments of making a positive difference in someone's life are what make my career truly meaningful.

## Early Aspirations and Changing Dreams

As a child, I aspired to become a marine biologist. A Jacques Cousteau television special had a significant impact on me, fueling my fascination with marine life for quite some time. However, I soon realized that my tendency to get seasick would prevent me from pursuing this dream, leading me to consider other career options.

## Finding Community and Connection Through ANEW

My involvement with ANEW has been an incredible opportunity to connect with many talented professional women and learn how they support our community. Over the past seventeen years, I have built lasting friendships and created wonderful memories through this organization, enriching both my personal and professional life.

### Maximize your Membership!

- When corresponding with ANEW, please use [info@evansvilleanew.org](mailto:info@evansvilleanew.org) for your email.
- The deadline for registering for all meetings is the Friday before the meeting at 2 pm. This allows time to calculate attendance and notify ECC with reservation numbers.
- Please join in on after-hours networking on the [ANEW Facebook](#) page.





A Network of Evansville Women | PO Box 3192 | Evansville, IN 47731 US

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