

January 2023

January Membership Meeting

Kristi Byrns "Rest for Success"



January 25, 2023 at the Evansville Country Club

From the trailer park to the executive office, Kristie Byrns has overcome her life's challenges and was a first generation college student. She has a BA in Sociology and an MS in Public Service Administration as well as certificates in Trauma Informed Care and Somatic Experiencing. She is a leader in higher education administration, a certified life coach, and a former non-profit executive. She savors a life of continuous learning, development, travel, and self-care. Her mission is to help other women embrace their life's purpose and realize what success means to them all while enjoying rest and relaxation. This presentation will help us understand why we long for rest but may be trapped in the cycle of busyness and hustle. As women we load up on shame, especially if we think we aren't "doing it right". Join us as we learn why that is and how we can break out of the habit of busy to live a life of rest while finding the success we crave.

Featured Advertiser Grateful Threads Tresa Miller



Advertise with ANEW in 2023!

Did you know that consumer research consistently shows that women make more buying decisions than men? Women influence at least 80% of all household spending. Today your company's success may ultimately come down to how effectively you win business from women and inspire loyalty to your brand from your female customers.

Advertising with ANEW is the perfect way to invest in a crucial target market for your business. Monthly advertising options include, *Featured Advertiser, Monthly Advertiser, Special Events Underwriter* (October and December), and *Door Prize* opportunities. To learn more about advertising options in 2023, click <u>HERE</u> or contact Aimee Stachura at <u>astachura@girlscouts-</u> gssi.org.

President's Letter

MENU:

Regular: Teriyaki Salmon with Rice Pilaf and Green Beans Gluten: Grilled Chicken Salad Veggie: Salad Dessert: Lemon Cake

Register now

Serving on a Committee is a great way to get involved in ANEW ! You will have an opportunity to learn more about ANEW's processes and, in turn, help support ANEW's mission. You will work alongside other engaged members, interested in making a difference and furthering relationships.

MEMBERSHIP

ANEW's 1st Vice-President chairs the Membership Committee. Committee members review applications each month and recommend qualified candidates for membership. In addition, the committee plans 3 events: ANEW Founders Day Celebration (occurs once every 5 years), Annual Appreciation Event and Recruitment Event. The committee also takes responsibility to help in the retention of members and growth of members. Membership Chair: Jessica Engel jessica.engel@edwardjones.com

MARKETING

An ANEW Board of Director chairs the Marketing Committee. Committee members are responsible for the monthly newsletter, website, social media, photography of meetings and events and other marketing related responsibilities. The committee will work with other ANEW committees to promote special events, programs and membership initiatives as well as promote ANEW within the community. Marketing Chair: Courtney Schmidt cschmitt@fbei.net

PROGRAMS

ANEW's 2nd Vice President chairs the Programs Committee. Committee members are responsible for finding speakers for the monthly luncheons, organizing the luncheons (choosing food, setup, reservations, etc). The Programs committee serves as greeters at the meetings, assists with registration each meeting, and helps to

Hello and Happy New Year!

I hope everyone got a chance to unwind a bit during the holidays. As much as I love Christmas and all that comes with it, I am happy when the

decorations are put away and I have a fresh new calendar that is begging to be filled with meetings, appointments, and events.

I have been a member of ANEW for many years and served in many capacities. I was reticent when asked to take on the Presidency as Claire is a tough act to follow! I promise to do my best for the group and invite you to join a committee, provide comments and suggestions, and get involved to a greater degree than ever before. Committees are forming now and they are another great opportunity to network and get to know members better.

You can help ANEW grow by inviting friends or co-workers to come as guests. It's amazing how many people still don't know about our group! Please be sure to let Lori know about your guests when you make your reservation! Guest payments are due when they check in for the meeting so please pass that along to avoid any awkward encounters.

Now that I've nearly completed my first official duty as President (writing this letter!) I want to say thank you in advance for what I know will be another great year in ANEW.

Best regards, Rita Joest

New day - new start – new you - new year! It's never too late to start anew."

- Jean Renee Porter, A New Day

Membership in ANEW

If you know someone that would benefit from membership in **ANEW** - A Network of Evansville Women, please bring them as a guest to ensure meetings run smoothly. The committee also takes reservations for the non-profit tables for the luncheons. Programs Chair: Julie Vandeveer jvandeveer@enlivant.com

SPECIAL EVENTS

An ANEW Board of Director chairs the Special Events Committee. The Special Events Committee members solely focus on the Annual Meeting in October and the Holiday Luncheon in December. Managing these events include site selection, invitations, menu selection, entertainment, prizes, decorations, budget management, etc.

Special Events Chair: Alohana Jackson alohana@BLISLLC.com

ORIENTATION

An ANEW Board of Director chairs the Orientation Committee. Committee members are responsible for helping to orient new members into the organization. The committee will plan and attend orientation sessions throughout the year to introduce and provide key organization information to new members and help welcome them into ANEW. Orientation Chair: Aimee Stachura astachura@girlscouts-gssi.org

If your organization has a job opening, ANEW can help promote your opening and list it on our ANEW website. our January membership Meeting. Click the link below for the application for membership!

> 2023 Membership Application

Board of Directors 2023

Rita Joest – President Jessica Engel – 1st Vice President Membership Julie Vandeveer – 2nd Vice President Programs Jackie Russell – Treasurer Jennifer Kissell – Assistant Treasurer **Rhoda Mattingly - Secretary** Aimee Stachura – Orientation Chair Courtney Schmitt – Marketing Chair Alohana Jackson – Special Events Chair Ashlynn Johnson - Historian Vicki Simmons - Director Nicole Boren – Director Lindsay Charles - Director Marissa Priddis - Director Claire Bosma - Director

2023 ANEW Sponsors

<i>January</i> Grateful Threads	<i>February</i> Raymond James	March	April	Мау
				Within Sight
	Youth First	Girl Scouts of Southwest IN	Banterra Bank	
<i>June</i> <u>Slade Print</u>	July	August	September <u>German</u> <u>American</u>	November Sheets, Charles <u>& Charles</u>
EVSC Foundation				

Underwriters

October Edward Jones - Janet Schultheis **December** Kemper CPA

Maximize your Membership!

- When corresponding with ANEW, please use info@evansvilleanew.org for your email.
- The deadline for registering for all meetings is the Friday before the meeting at 2 pm. The allows time to calculate attendance and notify ECC with reservation numbers.
- Please join in on after-hours networking on the <u>ANEW Facebook</u> page.

