



September 2022

September Membership Meeting

September 28,
2022



"Getting the Stress Out"

Nina Bambina

Is stress waring you down? Are you ready to break the stress cycle you're trapped in and create peace in your life? The effect of stress on your life and body can be devastating, but how much do you really know about the bodily stress cycle? Join Dr. Nina Bambina to learn how stress is stored in your body and how to release it. Nina will guide you through her exclusive technique, Reset the REDS, that eliminates pent up stress you have stored in your body and fills the space you create with safe, loving energy.

Deadline for registration is September 23rd.

**** The guest lunch fee for membership meetings is \$24.**

Register now!

Menu:

Regular meal: Panko Crusted Chicken with Tomato Fondue Wild Rice Blend
Gluten free: House Salad with Chicken
Veggie: House Salad

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Sherri Alley
NMLS #197750
Vice President,
Private Banking

Vicki Simmons
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Special Thanks to.....

Special Thanks to Michelle Smith with Kemper CPA for her donation for this month's door prize.

Board of Directors for 2022

President: Claire Bosma

President's Letter



Assisting the Advancement of Women in Business

That line, "assisting the advancement of women in business" is taken from our website. The ANEW site is a wonderful source of information, and the "About" page tells a great story of our purpose, our history and our vision for the future. Over the last few months, your Board of Directors has been considering those very things in an attempt to expand our reach and our impact in new ways. I know we are all so proud of the work we have done in our communities, in our workplaces and in our philanthropic ventures. That work does indeed assist the advancement of women in business, because are in action and in fellowship with each other, sharing our motivations, sharing our resources and sharing our passions. As we look to the future, we are excited to continue to grow, and fulfill that mission.

With that spirit of acceptance and dedication to our fellow women in business, it's with tremendous pride I share with you the brainchild of the Board, with special thanks to a sub-Committee of Jackie Russell and Rita Joest. Together we have been focused on how to welcome new members in earlier stages of their careers. Your Board of Directors has been brainstorming and envisioning an addition to our membership that we're calling the ANEW Mentoring Program. It was inspired by a fellow member who wished to see a colleague be included that wasn't tenured enough in her development to qualify for full membership. With heartfelt conversation, we talked about how we could be more inclusive while still fulfilling our mission; be more growth oriented, while still ensuring we welcome the most talented leaders; and how we could be focused on development, while still maintaining benchmarks.

We believe the membership level we've imagined does just that. We believe the ANEW Mentoring Program has the potential to strategically welcome women who are less developed in their professional careers, but are rising stars in the region. And the wonderful thing about this program is this ... while this will absolutely help our Mentoring Program members, it will benefit the organization as a whole. Like a patchwork quilt, we are more lovely with deeper colors,

1st Vice President, Membership: Rita Joest
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Advertise with ANEW in 2023!

Did you know that consumer research consistently shows that women make more buying decisions than men? Women influence at least 80% of all household spending. Today your company's success may ultimately come down to how effectively you win business from women and inspire loyalty to your brand from your female customers.

Advertising with ANEW is the perfect way to invest in a crucial target market for your business. Monthly advertising options include, *Featured Advertiser*, *Monthly Advertiser*, *Special Events Underwriter* (October and December), and *Door Prize* opportunities. To learn more about advertising options in 2023, click [HERE](#) or contact Aimee Stachura at astachura@girlscouts-gssi.org.

Save-the-Date!

October 26, 2022

"An Evening to Renew with ANEW"
Annual Meeting

Check our ANEW Website for recent Job Postings.

If you are interested in more involvement with ANEW, please

with different patterns, a variation of texture – all constructed together. We will be lifted by their new ideas and inspired by their fresh perspective. Your Board has developed a special application along with a detailed description and a checklist handout that will help ensure our Mentoring membership stays on track and grows. We intend to make this program rely heavily on the sponsor advocate, allowing the current ANEW sponsor to mentor the more junior member along in her organizational inclusion. The goal will be full membership, guiding these women along to quality and integrate deeper into the organization and their professional paths.

If you have questions about the program, the vision or the application process, I would encourage you to reach out to me, to Rita or to Jackie. As a Board we are still discussing the possibility of such a program, and feedback is welcome and appreciated. We would love the opportunity to discuss further to ensure it is a good fit and is successful for all membership.

I am so thankful for this group of women and their support of ANEW this year and every year. It's my pleasure to grow alongside each of you.

Claire Bosma
2022 ANEW President

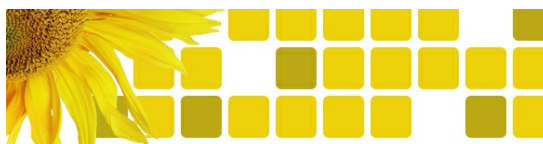
contact one of our Board members to see where you can help out.

Membership

If you know someone that would benefit from membership in **ANEW** - A Network of Evansville Women, please bring them as a guest to our September meeting.

Click the link below for the application for membership!

Membership
Application



2023 Membership Dues will be emailed to you starting end of October. Please watch for them in your inbox!

Holiday Bazaar

Join us for ANEW's Holiday Bazaar December 14th. Vendors are now signing up and your holiday shopping experience will be festive. If you have ideas for types of vendors that you would enjoy shopping with at the Bazaar, please let *Julie Vandever* know.

2022 ANEW Sponsors

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Underwriters

October

Edward Jones - Janet Schultheis

December

Kemper CPA

Maximize your Membership!

- When corresponding with ANEW, please use info@evansvilleanew.org for your email.
- The deadline for registering for all meetings is the Friday before the meeting at 2 pm. This allows time to calculate attendance and notify ECC with reservation numbers.
- Please join in on after-hours networking on the [ANEW Facebook page](#).

